



OCEANS 2 EARTH VOLUNTEERS

Volunteering with special needs or disabilities

At O2E we recognise that people with a special need or disability have much to contribute, so we try to look at ways of demystifying disability and break down preconceptions about the difficulties of involving people with a disability.

People with a special need or disability share the same motivations for volunteering as anyone else. They volunteer to learn new skills, to meet new people, to contribute to their global community and to build self-confidence.

There are many benefits to organisations which involve people with a disability in their volunteering programs. These include:

- the new perspectives that people with a disability can offer;
- the creation of an accessible and inclusive volunteer program that reflects the diversity of the community;
- increased awareness of disability and its implications, leading to improvements in communication and project and program design.

All projects involve some level of physical activity and mental exertion however the level of activity, hours worked and types of activities undertaken varies with each project, as do the facilities available. You must remember that some projects are located in very remote, rustic areas and are short on resources at the best of times.

If you have a special need or a disability, please contact O2E to discuss if the project can safely support you and that you'll be able to meet the demands of your preferred project. We'll be happy to chat to you about the project requirements in detail so that you can make an informed decision.

